



Malaysia Psychology Centre A
Division of International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

Certification in Sandplay Therapy (endorsed by Malaysian Association of Psychotherapy (MAP) and Psychotherapy Chapter of Malaysia Society for Complimentary Medicine MSCM leading towards practitioner membership License of MAP & MSCM.

This course is providing Best-practice Sandplay Therapy training for professionals who have a passion for assisting individuals, regardless of age, gender, race and social class to achieve optimum mental health.

What is included in the Sandplay Therapy

- Lecture
- Reading materials
- Group Clinical supervision
- Case review and assessment
- On line Support

Sandplay is a wonderful way of exploring our inner world .a lot of transformation can happen at this level, as the figurines in the sand try are related to and arranged in relation to each other. It is very non-threatening. Inner changes are allowed which remain hidden in a traditional counseling session. Sandplay is a hands-on expressive counseling and psychotherapy modality that has been in use for over seventy five years. It forms a bridge between verbal therapy and the expressive therapies, combining both elements. Sandplay allows the deeper aspects of the psyche to be worked with naturally and with safety, and is highly effective in reducing the emotional causes of difficult behaviors. It can be used both as a support for stress management and emotional growth and as a means for providing a bridge to support the use of a variety emotional growth therapies.

Malaysia Psychology Centre Sdn Bhd (No:)

Kuala Lumpur : 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel : 03- 7982 4424 Fax : 03- 7980 3841

Penang : Level 1B, 1-01 & 1-02, Komtar, Jln Magazine, 10000 Penang. Tel: 04-262 5437

Sabah : Lot 12, Block C, Ground Floor, Damai Plaza, Phase III, Luyang, 88300 Kota Kinabalu, Sabah. Tel: 089-223240

E-mail: Info@Psychology.com.my

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Fees and Course Structure

Course Cost : RM 4800.00

(Students are also required to buy various recommended text books)

Course Time : 3 months

Prerequisite : At least a Credit in SPM English or two years working experience at a related industry. (Please contact us for interview session if you do not meet these requirement)

Group size : Group limited to 6 participants only to optimize group dynamics

Training Topics

Foundation Skills

- Introduction to Sandplay Therapy and Symbol Work
 - practical experience, history and theory
- Brief review of literature
- Role-play techniques to support integration
- Input on sandplay equipment
- Contraindications for use of symbolic work and role-play
- Creating mythological stories for self-understanding
- Illustrated case studies

Advanced Skills, Psychological Frameworks

- Psychological mechanisms activated by sandplay
- Concepts from Jungian Psychology supporting sandplay
- Use of mandala artwork for integration
- Interpretation of spatial arrangements in the tray

- Dr Lowenfeld's theoretical framework
- Skills practice and case illustrations

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Research, Theory & Development of Practice

- Use of Symbol Work in group programs
- Review of Dora Kalff's theoretical framework
- Indications for analysis of sandpictures
- Working with dream symbols
- Co-transference in the sandplay session
- Refinement of facilitation skills

Transpersonal Aspects, Supervision

- Case presentations by students
- Transpersonal and perinatal influences on the psyche
- *Beyond the Shadow* – completion trays
- Skills development

Course Layout

We use the mastery system of education. Besides lecturing, this course provides clinical experience such as: research, case study, supervision & presentation. Assessment includes case study presentations, group participation, research paper and assignments.

The topics mentioned above are taught in three month, inclusive of workshop and lecture and giving supervision session. Students will be assessed based on clinical case presentation and report.

Our course is structured as 2 intensive workshop with six group clinical supervision & oral / written case presentation for the assessment. Fulfilling the attendance and passing the criteria given will lead to towards the licensed practitioner membership of Sand Play Therapy Division of Malaysia Association of Psychotherapy.

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Equipments & Venue

Below are the equipments used:

- Sandtray
- Miniatures & shelves
- White board
- Sandtray & toys
- Notes/ books

Venue: International Psychology Centre, Kuala Lumpur

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Teaching Faculty

The course will be facilitated by IPC team of psychologists and child therapists headed the course director.

Course Director

Dr. Edward Chan *FAMPsy, FMCBTA*

B.Sc.(Hons.)(Psy), MSc. (Learning)(Lancaster), D.Phil.(Psy)
Cert (Master Trainer), Cert (Sandplay Therapy), Grad. Cert (Expressive Therapy)
CSAC(Hawaii, International Certification & Reciprocity Consortium)
(Reg. No. M906-98)

Principal Consultant Psychologist, Child Therapist & Certified Master Trainer.

Dr. Chan has a 15 years clinical experience as a psychologist, child and family therapist in Malaysia, Asia and Europe.

Dr. Edward Chan gained his degree in psychology from Middlesex University, UK., his Masters degree in Learning from the University of Lancaster, UK., and his Doctorate in Psychology from the Intercultural Open University, the Netherlands. Dr. Chan spent 3 years at the Dept. of Experimental Psychology, University of Oxford and the Open University, UK to conduct the research for his doctorate work.

Dr. Edward received further postgraduate training on numerous psychotherapy discipline from leading psychologists and psychotherapists in the world.

Dr. Chan was trained by Patrick Jansen Sandplay therapy & Symbol Work who pioneered Dona Kalff's work on Sandplay Therapy in Australia based on her collaboration with Carl Jung and Emma Jung at the Jung Institute in Zurich. He also received training from Mark Pearson in Expressive Therapy for Children & Adolescent from the Institute of Expressive Therapy, Australia. Dr. Chan was trained by Professor Linda Homeyer, licensed play therapist and past president of the Play Therapy Association of USA in Play Therapy, Play Therapy Supervision and Filial Therapy. Dr Chan was also trained in clinical supervision in couple and family Therapy by Aldo Gurgone, licensed clinical Psychologist and Director of William Street Therapy centre, Australia.

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Dr. Chan has also published widely, including in the academic proceedings in the various international and national conferences he has been invited to speak, including, *Current Research & Practices on Cognitive Behaviour Therapy in Asia*; the critically acclaimed parenting book, *Are You Man Enough To Be a Father*; couple psychology book, *Love Is Never Enough, Pleasurable Commitment Rules*; and *Dancing with Crocodiles*. His professional views on children, couple and adult psychology is also regularly sought and featured in national newspaper (including the parenting, women and appointment sections of the New Straits Time, the Education Section of the Star, Oriental Daily and professional and popular journals including: Malaysian Medical Tribune, Junior Statesman, Today's Parents, Better Parents, Mama Moden, Malaysian Women Weekly, Females, Marie Claire, Nona, Jelita, Malaysian Business, CIMA, Health & Beauty. He is also a well-known radio and television personality on psychological, relationship and family issues.

Dr. Chan is a fellow of the Malaysian Association of Psychotherapy; a fellow of the Malaysian Cognitive Behavioural Therapy Association; a practitioner member of the division of Adult Psychotherapy; the division of Couple and Marital Therapy; and the division of Child Therapy of the Malaysian Association of Psychotherapy, and a practitioner member of the Malaysian of Cognitive Behavioral Therapy Association.

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