



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

Certification in Child Psychology and Therapy (endorsed by Malaysian Association of Psychotherapy (MAP) and Psychotherapy Chapter of Malaysia Society for Complementary Medicine) leading towards practitioner membership and licensure of MAP

What is included in the Child Psychology and Therapy

- Lecture
- Tutorial
- Group Clinical supervision
- Case review and assessment

Fees and Course Structure

Course Cost : RM 4,800

(Students are required to buy various recommended text books)

Course Time : 3 months

Prerequisite : At least a Credit in SPM English or two years working experience at a related industry

Group Size : Group limited to 8 participants only to optimize group dynamics

Training Topics

Certification in Child Psychology and Therapy

Children clinical symptoms covered include:

1. Anger Management

Anger is a repeated angry outburst that is out of proportion to the precipitating event. For those children anger, they might excessive yelling, swearing, crying, or use of verbally abusive language when efforts to meet desires are frustrated or limits are placed on behavior.

Therapy covered: Teaching the child effective communication and assertiveness skills to express anger in a controlled fashion and to meet his/her needs through more constructive actions.

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 –7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website. www.Psychology.com.my



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

2. Anxiety

Anxiety means excessive anxiety, worry, or fear that markedly exceeds the level for the client's stage of development. It also is a specific fear that has become generalized to cover a wide range and has reached the point where it significantly interferes with the child's and the family's daily life.

Therapy covered: Conducting play therapy sessions in which the child's anxieties, fears, and worries are explored, expressed, and resolved. Besides that, students will learn how to use an interpretive interview method in which helps the child to express motivation and feelings. Students also learn to help the client in making a connection between fears and anxieties and unexpressed or unacceptable wishes or "bad" thoughts.

3. Attention-Deficit Hyperactivity Disorder (ADHD)

ADHD is a short attention span which is difficulty sustaining attention on a consistent basis. Hyperactivity as evidenced by a high energy level, restlessness, difficulty sitting still, or loud or excessive talking.

Therapy covered: Identify a variety of positive reinforcers or reward to maintain the child's interest or motivation. It can also design and implement a token economy to improve the child's academic performance, social skills, and impulse control.

4. Autism

Autism is pervasive lack of interest in or responsiveness to other people. It is significant delays in or total lack of spoken-language development and lack of spontaneity and emotional or social reciprocity.

Therapy covered: Actively building a level of trust with the client through consistent eye contact, frequent attention and interest, unconditional positive regard, and warm acceptance to facilitate increased communication. Besides that, students learn to use operant conditioning principles and response-shaping techniques to help child develop self-help skills and improving personal hygiene.

5. Conduct Disorder

Conduct disorder means persistent refusal to comply with rules or expectations in the home, school, or community. It also tends to have excessive fighting, intimidation of others, cruelty or violence toward people or animals, and destruction of property.

Therapy covered: Encouraging and supporting the child with conduct disorder in expressing feelings associated with neglect, abuse, separation or abandonment. Students also learn how to conduct individual play therapy sessions to provide the child an opportunity to express feelings surrounding past abandonment.

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 -7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website. www.Psychology.com.my



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

6. Depression

Depression in child means sad or flat affect, moody irritability, eating and sleep disorder.

Therapy covered: Exploring the emotional pain from the child's past experience that contributes to the feelings of hopelessness and low self-esteem. Students also learn how to facilitate parents giving warm, positive, affirming expression of love to the depressed child.

7. Divorce Reaction

Divorce symptoms in children include persistent fears and worries about being abandoned or separated from parents.

Therapy covered: Exploring, encouraging, and supporting the client in verbally expressing and clarifying his/her feelings associated with the separation or divorce. Students also learn how to empower the client by reinforcing his/her ability to cope with divorce and make health adjustment.

8. Enuresis/ Encopresis

Enuresis or encopresis means repeated pattern of voluntary or involuntary voiding of urine into bed or clothes during the day or at night after age 5, when continence is expected.

Therapy covered: Training the child and his/her parents to treat enuresis by using behavioural therapy when involuntary wetting occurs.

9. Grief/ Loss unresolved

Grief or loss unresolved means the child loss of contact with a parent figure due to the parent's death, termination of parental rights or due to the parent's incarceration.

Therapy covered: Actively build level of trust with the child through consistent eye contact, active listening, unconditional positive regard, and warm acceptance while asking him/her to identify and express feelings associated with the loss.

10. Low self-esteem

Normally child with low self-esteem will verbalizes self-disparaging remarks, sees self as unattractive, worthless, stupid, a loser, a burden, unimportant or take blame easily.

Therapy: Assist child in becoming capable of identifying and verbalizing his/her emotional needs, along with ways to increase the chances of their needs being met.

11. Peer/ Sibling Conflict

Peer or sibling conflict is frequent, overt, intense fighting (verbal and/or physical) with peers and/or siblings. It is also including bullying, defiance, revenge, taunting, and incessant teasing.

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 –7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website. www.Psychology.com.my



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

Therapy covered: Creating scenarios with puppets, dolls, or stuffed animals that model and/or suggest constructive ways to handle or manage conflicts with siblings/peers.

12. School Refusal

Child with school refusal always marked emotional distress and repeated complaints (e.g., crying, temper outbursts, pleading with parents not to go to school) when anticipating separation from home to attend school or after arrival at school.

Therapy covered: Designing and implementing a systematic desensitization program to help the client manage his/her anxiety and gradually attend school for longer periods of time.

Course Layout

We use the mastery system of education. Besides lecturing, this course provides clinical experience such as: research, case study, group clinical supervision & presentation. Assessment includes case study oral and written presentations, group participation, research paper and assignments.

The topics mentioned above are taught within 3 months. During this period, students will also be given clinical case assignments and presentations to do.

Our course is structured as 2 intensive workshop with six group clinical supervision & oral / written case presentation for the assessment. Fulfilling the attendance and passing the criteria given will lead to towards the licensed practitioner membership of Child Psychology and Therapy Division of Malaysia Association of Psychotherapy.

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 –7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website. www.Psychology.com.my



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

Equipments & Venue

Below are the equipments used:

- Chairs & table
- Course book
- Figurines
- SandTray
- Symbols
- Cds and Music
- White board
- Notes/ books

Venue: International Psychology Centre, Kuala Lumpur

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 –7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website. www.Psychology.com.my



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

Teaching Faculty

The course will be facilitated by IPC team of psychologists and child therapists headed the course director.

Course Director

Dr. Edward Chan *FAMPsy, FMCBTA*

B.Sc.(Hons.)(Psy), MSc. (Learning)(Lancaster), D.Phil.(Psy)

Cert (Master Trainer), Cert (Sandplay Therapy), Grad. Cert (Expressive Therapy)

CSAC(Hawaii, International Certification & Reciprocity Consortium)(Reg. No. M906-98)

Principal Consultant Psychologist, Child Therapist &

Certified Master Trainer.

Dr. Chan has a 15 years clinical experience as a psychologist, child and family therapist in Malaysia, Asia and Europe.

Dr. Edward Chan gained his degree in psychology from Middlesex University, UK., his Masters degree in Learning from the University of Lancaster, UK., and his Doctorate in Psychology from the Intercultural Open University , the Netherlands. Dr. Chan spent 3 years at the Dept. of Experimental Psychology, University of Oxford and the Open University, UK to conduct the research for his doctorate work.

Dr. Edward received further postgraduate training on numerous psychotherapy discipline from leading psychologists and psychotherapists in the world.

Dr. Chan was trained by Patrick Jansen Sandplay therapy & Symbol Work who pioneered Dona Kalff's work on Sandplay Therapy in Australia based on her collaboration with Carl Jung and Emma Jung at the Jung Institute in Zurich. He also received training from Mark Pearson in Expressive Therapy for Children & Adolescent from the Institute of Expressive Therapy, Australia. Dr. Chan was trained by Professor Linda Homeyer, licensed play therapist and past president of the Play Therapy Association of USA in Play Therapy, Play Therapy Supervision and Filial Therapy. Dr Chan was also trained in clinical supervision in couple and family Therapy by Aldo Gurgone, licensed clinical Psychologist and Director of William Street Therapy centre, Australia.

Dr. Chan has also published widely, including in the academic proceedings in the various international and national conferences he has been invited to speak, including, *Current Research & Practices on Cognitive Behaviour Therapy in Asia*; the critically acclaimed

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 -7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website. www.Psychology.com.my



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

parenting book, *Are You Man Enough To Be a Father*; couple psychology book, *Love Is Never Enough, Pleasurable Commitment Rules*; and *Dancing with Crocodiles*. His professional views on children, couple and adult psychology is also regularly sought and featured in national newspaper (including the parenting, women and appointment sections of the New Straits Time, the Education Section of the Star, Oriental Daily and professional and popular journals including: Malaysian Medical Tribune, Junior Statesman, Today's Parents, Better Parents, Mama Moden, Malaysian Women Weekly, Females, Marie Claire, Nona, Jelita, Malaysian Business, CIMA, Health & Beauty. He is also a well-known radio and television personality on psychological, relationship and family issues.

Dr. Chan is a fellow of the Malaysian Association of Psychotherapy; a fellow of the Malaysian Cognitive Behavioural Therapy Association; a practitioner member of the division of Adult Psychotherapy; the division of Couple and Marital Therapy; and the division of Child Therapy of the Malaysian Association of Psychotherapy, and a practitioner member of the Malaysian of Cognitive Behavioral Therapy Association.

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 –7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website. www.Psychology.com.my