



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

Certification in Psychotherapy (endorsed by Malaysian Association of Psychotherapy (MAP) and Psychotherapy Chapter of Malaysia Society for Complementary Medicine)

This course is providing best-practice Psychotherapy training for professionals who have a passion for assisting individuals, regardless of age, gender, race and social class to achieve optimum mental health.

What is included in the Psychotherapy

- Lecture
- Tutorial
- Clinical supervision
- Case review & assessment

Fees and Course Structure

Course Cost : RM 4800

(Students are required to buy various recommended text books)

Course Time : 3 months

Prerequisite : At least a Credit in SPM English or two years working experience at a related industry

Requirement : Group limited to 10 participants only to optimize group dynamics

Training Topics

Certification in Psychotherapy

- 1) Introduction to Psychotherapy
- 2) History of Psychotherapy
- 3) Developmental Psychology
- 4) Mental Health and Psychology
- 5) Abnormal Psychology

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 -7980 6332

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Psychology.com.my
Website: www.Psychology.com.my



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- 6) Neuro Psychology
- 7) Psychological Assessment
- 8) Psychotherapy Approaches
- 9) Depression and Psychotherapy
- 10) Anxiety and Psychotherapy
- 11) Psychonutritional Therapy
- 12) Ethics and Boundaries

Course Layout

We use the mastery system of education. Besides lecturing, this course provides clinical experience such as: research, tutorial, case study, supervision & presentation. Assessment includes case study presentations, reviews and presentation, group participation, research paper and assignments.

The topics mentioned above are taught within seven sessions. Between the sixth and seventh session, a period of approximately 1 month of clinical supervision & research is implemented outside of classroom. During this period, students will be give assignments and projects to do.

Equipments & Venue

Below are the equipments used:

- Psychometric instruments
- Audio Resources
- White board
- Notes/ books

Venue: International Psychology Centre, Kuala Lumpur

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Teaching Faculty

The lecturer, tutorials, case supervisions and assignments will be conducted by the Malaysian Psychology Centre's team of professional psychologist and coaches accredited by the Malaysian Association of Psychotherapy and the Malaysian Society for Complementary Medicine which is led by:

Dr Edward Chan FAMPsy, FMCBTA, PMMSCM
B.Sc.(Hons.)(Psy),(Middlesex)
MSc.(Learning)(Lancaster), D.Phil.(Psy), (IOU)
CSAC (Hawaii, International Certification & Reciprocity Consortium) (Reg. No. M906-98)

Principal Consultant Psychologist,
Executive & Life Coach and Certified Master Trainer.

Dr Chan is a fellow of the Malaysian Association of Psychotherapy; a fellow of the Malaysian Cognitive Behavioural Therapy Association; a practitioner member of the division of Organisational Psychology, the division of Adult Psychotherapy; the division of Couple and Marital Therapy; and the division of Child Psychology & Therapy of the Malaysian Association of Psychotherapy; a Member of the International Employees Assistance Professionals Association; a Member of the Malaysian Institute of Human Resource Management; Charter member of the International Coaching Federation (Malaysian Chapter); a member of the International Association of Facilitators and a member of the Malaysian Society for Training and Development.

Dr Chan has been practicing, teaching and training psychology and psychotherapy for 18 years in Malaysian, Hong Kong, Singapore, Thailand and United Kingdom. Dr Chan is also a regular contributor to national newspaper and professional journals as well as a well-known radio and television personality on psychology and relationship issues, Dr. Chan has also authored several books on these topics including the critically acclaimed *Love Is Never Enough : Pleasurable Commitment Rules on Couple Psychology, Are You Man Enough To Be a Father on Child Psychology* and the "*Dancing with Crocodiles*" on corporate psychology and Current Research and Practitioner Cognitive Behavior Therapy in Asia.

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